

Coaches Checklist



Offense



Defense

Half Court Plays - Man	Man
Half Court Plays - Zone	Tri and Trap or Tri and Two
Out of Bounds - Side	Box and One
Out of Bounds – End	2-1-2
Out of Bounds - Desperation	1-3-1
Press – Man Full	1-2-2
Press – Man $\frac{3}{4}$	1-1-3
Press – Man $\frac{1}{2}$	Press Break – Man Full
Press – Zone Full	Press Break – Man $\frac{3}{4}$
Press – Zone $\frac{3}{4}$	Press Break – Man $\frac{1}{2}$
Press – Zone $\frac{1}{2}$	Press Break – Zone Full
Delay/Stall	Press Break – Zone $\frac{3}{4}$
Last Second Play	Press Break – Zone $\frac{1}{2}$
Last Shot of Quarters	Foul Line – Box out
Fast break - Jump	Out of Bounds - End
Fast break - Foul shot	Out of Bounds - Side
Fast break - Miss	
Fast break - Make	

Reminders:

Help line
 Box-out
 Do not pick up dribble at half
 Run offense
 Good Passes
 BUB
 Pistil Pete
 Good pic or no pic
 Use outlets
 Do not dribble into corners
 Trap in corners
 Talk! Talk! Talk!
 Head up at all times
 Push the ball if permits
 Set shots
 Penetrate and pass